

| BREAKFAST | | SANDWICHES | |
|---|--------|---|-------------------------|
| TOASTED BLOOMER 288 Kcal (G, D) preserves, butter | £3.00 | CIABATTA OR WRAP served with lightly salted crisp Choose your filling: | £7.95 |
| BREAKFAST ROLL choose from: grilled bacon 313 Kcal (G, E, D) Cumberland sausage 300 Kcal (G, E, D) vegan sausage on a vegan roll 411 Kcal (Ve, G) | £4.50 | ham & mustard 295 Kcal (G, D, Mu) chicken mayo 392 Kcal (G, E) cheese & pickle 591 Kcal (G, D) roasted peppers & hummus 280 Kcal (V, G, E) Add - a side of fries to you ciabatta or wrap for £1.00 extra 14 | 40 Kcal |
| QUICK SNACKS | | PERI PERI CHICKEN WRAP & FRIES 530 Kcal (G, E, D) chicken breast marinated in peri peri seasoning, peppers, onion | |
| | 25.05 | CHICKEN CAESAR WRAP & FRIES 240 Kcal (G, E, D, Mu) chargrilled chicken, romaine lettuce, ceasar dressing | £10.95 |
| BAKED BREADS & OLIVES 304 Kcal (G, D) olive oil, sea salt, butter | £5.95 | BLT & FRIES 630 Kcal (E, G) bacon, lettuce, tomato | £10.95 |
| SEASONAL SOUP 125 Kcal (G, D) warm bread, butter | £5.95 | FISH FINGER SANDWICH & FRIES 660 Kcal (G, E, F) lettuce, tartare sauce | £10.95 |
| SPICED CHICKEN WINGS 557 Kcal (E, D, Mu, Se) | £6.50 | FROM THE GRILL | |
| choose from either garlic mayonnasie or BBQ sauce dip | | GOSFORTH BURGER 1205 Kcal (G, E, D Mu, Sd) 80z beef patty, bacon, cheese, relish, fries | £14.50 |
| MAC & CHEESE BITES 270 Kcal (G, E, D, Sd, Mu) tomato chutney | £5.95 | PERI PERI CHICKEN BURGER 907 Kcal (G, E, D) chargrilled chicken breast marinated in peri peri | £14.50 |
| CHICKEN LIVER PARFAIT 178 Kcal (G, E, D) toasted focaccia, apple & plum chutney | £5.25 | seasoning, baby gem, beef tomato, fries VEGAN CHICK'N BURGER 1089 Kcal (Ve, G, E, D) baby gem, relish, beef tomato | £11.95 |
| TOMATO BRUSCHETTA 419 Kcal (G, D) rocket, parmesan & balsamic | £4.95 | 8oz RIBEYE STEAK 790 Kcal vine tomato, portobello mushroom, thick cut chips | £24.95 |
| MAINS | | 80Z RUMP STEAK 688 Kcal vine tomato, portobello mushroom, thick cut chips CHARGRILLED CHICKEN BREAST 460 Kcal | £19.95 £16.95 |
| CAESAR SALAD 230 Kcal (G, E, D, Mu) romaine lettuce, croutons, anchovies Add - chicken £4.00 extra 440 Kcal (G, E, D, Mu) | £10.95 | vine tomato, portobello mushroom, thick cut chips PIZZA / PASTA | |
| Add - chicken £4.00 extra 440 Acai (G, E, D, Mu) | | 12" MARGHERITA 727 Kcal (V, G, D) | £12.95 |
| DAUBE OF BEEF 532 Kcal (D) gratin potato, seasonal vegetables, bourguignon sauce | £17.95 | tomato sauce, mozzarella, oregano 12" PEPPERONI 1448 Kcal (G, D) tomato sauce, spicy pepperoni, mozzarella | £13.95 |
| BEEF LASAGNE 516 Kcal (G, E, D) garlic bread, house salad | £12.95 | 9" GARLIC BREAD & CHEESE 689 Kcal (V, G, D) garlic butter, shredded mozzarella | £8.50 |
| FISH & CHIPS 863 Kcal (G, F, E, Mu) catch of the day, ale batter, fries, tartare sauce | £15.95 | PENNE ARRABBIATA 314 Kcal (V, Ve, G) Penne pasta, spicy tomato sauce with mixed peppers and chilli. Add - chicken for £4.00 extra 440 Kcal | £9.95 |
| MEDITERRANEAN GNOCCHI 443 Kcal (G, D, N) pesto dressing | £11.50 | SIDES | |
| KATSU CHICKEN CURRY 1103 Kcal (G, S, Se) white rice, spring onion | £12.50 | SWEET POTATO FRIES 140 Keal FRIES 140 Keal CHIPS 150 Keal | £4.00 £4.00 £4.00 |
| | | ONION RINGS 250 Keal (G) | £4.00 |
| CHICKEN TIKKA MASALA 1061 Kcal (G, D) pilau rice, naan bread | £12.50 | HOUSE SALAD 110 Kcal (Mu) SAUCES choose from: | £4.00 £2.50 |
| SWEET POTATO & CHICKPEA CURRY 779 Keal (V, G) pilau rice, naan bread | £12.50 | peppercorn 66 Kcal (D) beef dripping 57 Kcal garlic butter 60 Kcal (D) | |

Please advise us of any food allergies. Whilst every care is taken, we cannot guarantee that our kitchens are an allergen free environment, nor can we guarantee the processes used by our ingredient manufacturers.

- (V) Vegetarian, (Ve) Vegan, (G) Contains gluten, (D) Contains dairy/milk, (N) Contains nuts, (P) Contains peanuts, (E) Contains egg, (F) Contains fish, (Cr) Contains crustaceans, (M) Contains molluscs, (S) Contains soya, (C) Contains celery, (Mu) Contains mustard,
- $(\texttt{Se}) \ \textbf{Contains sesame seeds,} \ (\texttt{Sd}) \ \textbf{Contains sulphur dioxide,} \ (\texttt{L}) \ \textbf{Contains lupin.}$

